01 Company Overview

SympTrack
Powered by MyRelief

SympTrack Health

Better understanding.
Better tomorrows.

Connecting patient experiences between appointments with clinical care.

02 The Problem

A patient’s medical record doesn’t tell the whole story

Important changes

Symptoms, medication effects, and daily challenges can change before the next appointment.

The burden of explaining

Patients manage their health every day, then struggle to explain everything during a short visit.

Missing clinical context

Care teams may see only part of what patients experience between appointments.

03 The Solution

Connecting daily experiences with clinical care

- **MyRelief**
  Patients record daily changes and talk openly with Sophie.
- **Sophie**
  Organizes patient information into prototype clinical summaries.
- **SympTrack Provider**
  Gives care teams a clearer view of what happens between visits.



Planned: authorized EHR connections for richer clinical context.

04 Why Now

Patients are carrying the workload

Managing symptoms, medications, appointments, and treatment takes constant effort.

Clinicians are stretched thin

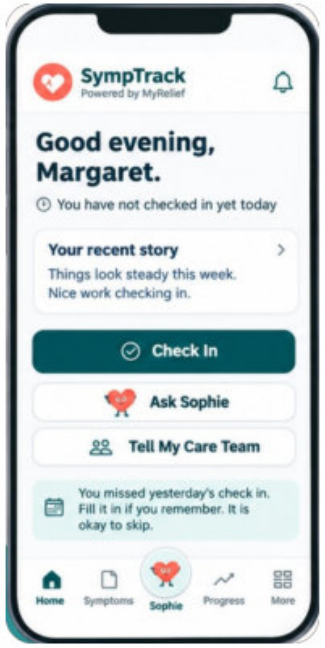
41.9% of participating physicians reported at least one burnout symptom in 2025.[1]

Healthcare needs better coordination

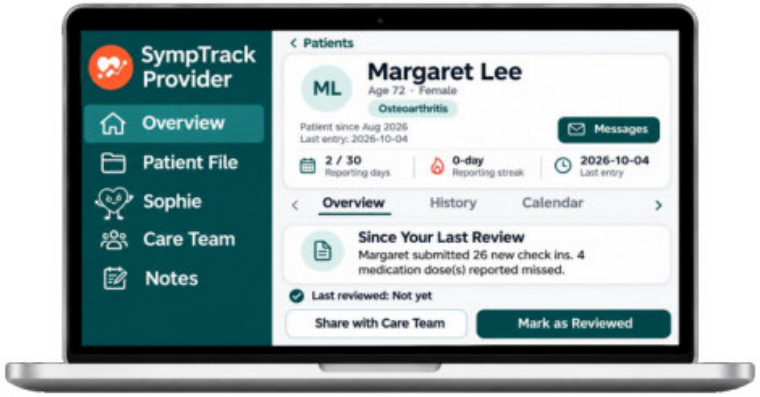
Clearer patient histories could help teams review changes and coordinate follow-up.

[1] American Medical Association, 2026; 2025 physician survey (43.2% in 2024).

05 How It Works







Check In

Patients share symptoms and daily experiences.

Sophie

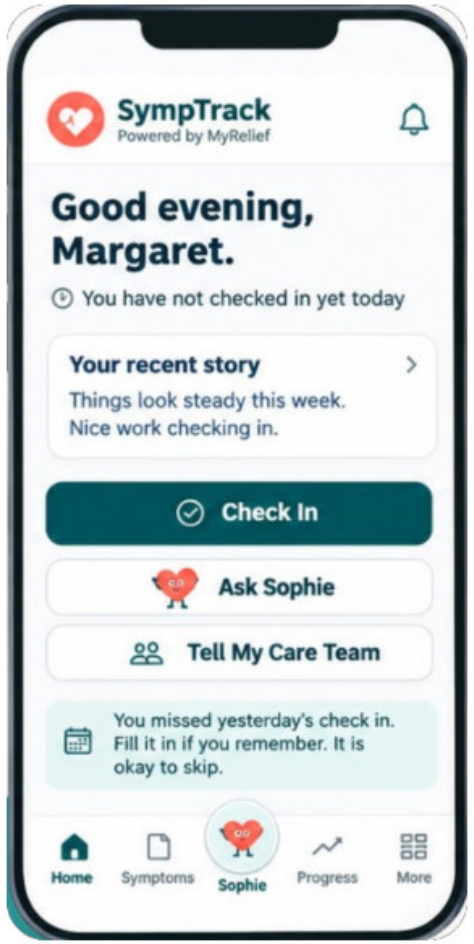
Organizes information for clinical review.

Review

Care teams see a clearer patient history.

Patient updates → organized context → clinician review

06 MyRelief Patient Experience



Current prototype

Daily check-ins and open conversations with Sophie.

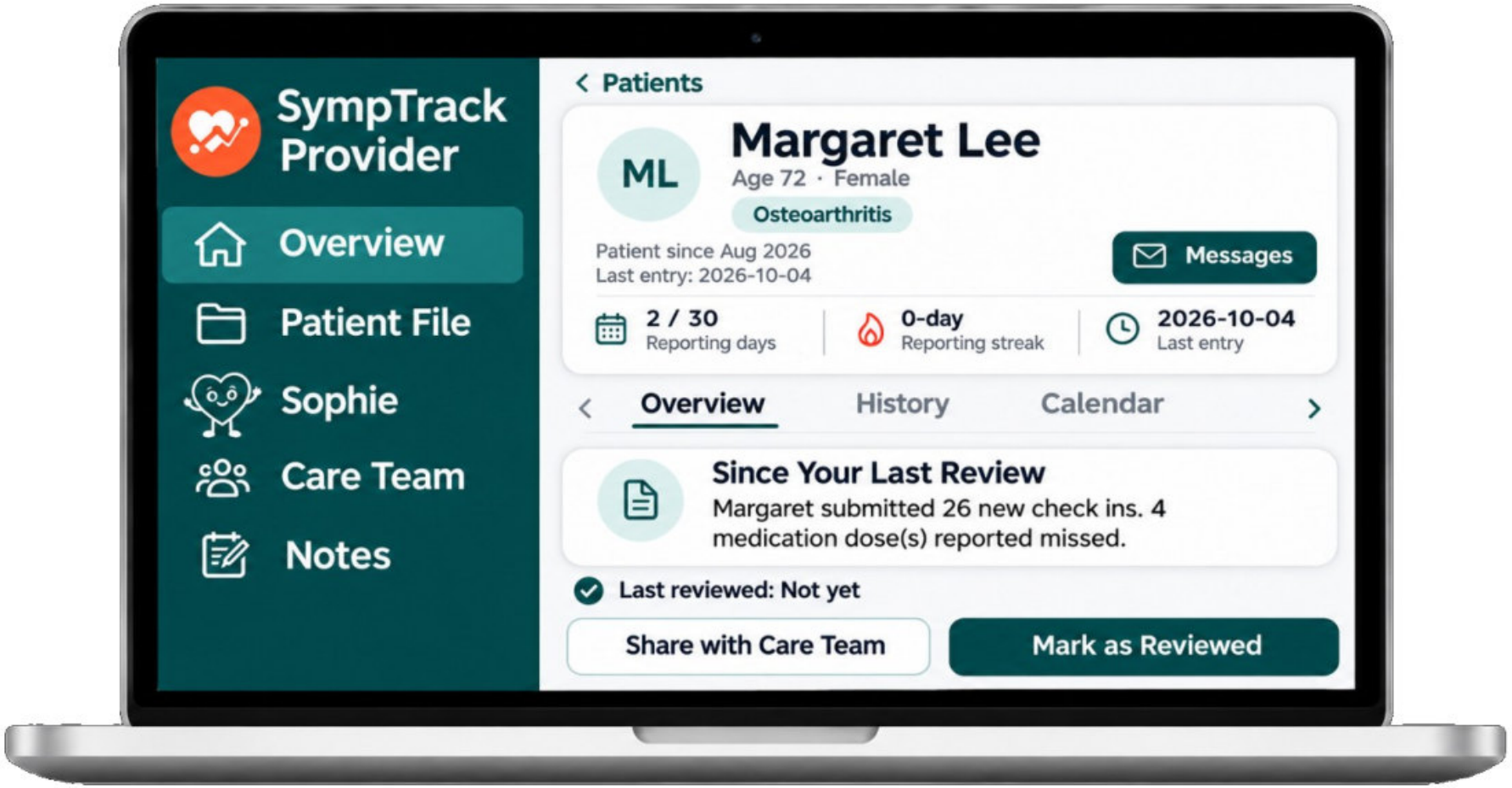
Planned engagement

A 30-day baseline with reminders and progress milestones.

Future convenience

Patient-reviewed Smart Prefill and eligible Quick Check-Ins.

07 SympTrack Provider View



Illustrative demo patient; clinical specialty may vary.

08 Sophie Clinical Support



Patient conversations

Open conversations to share experiences.

Clinical summaries

Prototype summaries for clinician review.

Future clinical support

Care-plan drafts, governed alerts, and flare-risk research.

Prototype: conversations and summaries. Future clinical AI requires validation, regulatory assessment, and clinician oversight.

09 Clinical Value

Clearer patient communication

Test whether check-ins improve communication and appointment preparation.

Useful clinician summaries

Measure summary usefulness, review time, and history completeness.

Efficient information review

Measure care-team workload and whether the platform saves time.

10 Market Opportunity

Start with the organizations we can serve

Practices

395K+

›

Buyers

TBD

›

Entry scenario

50

Initial customers: independent rheumatology practices and specialty groups.

[1] Definitive Healthcare, physician group practice records (2025).
395K+ records are not unique buyers or a verified rheumatology market.
50 organizations is illustrative, not a sales forecast.

11 Business Model & Revenue

Proposed annual B2B organizational licensing

50 organizations

$750K–$2.5M

Illustrative annual recurring revenue

Smaller practices
$15K/year

Large groups
$50K/year

Future: health systems, insurers, and value-based care partnerships.

Illustrative full-year scenario, not a forecast or secured contracts.
Pricing and willingness to pay have not been validated.

12 Competitive Advantage

Built around the rheumatology patient journey, from daily experiences to clinician review.

Capability	SympTrack*	Guava	Epic MyChart
Symptom tracking	Prototype check-ins	Available	Health tracking + E-visits
Provider review	Dedicated portal	Provider dashboard	EHR-connected review
AI support	Sophie prototype	AI-assisted summaries	Not assessed here
Positioning	Rheumatology focused longitudinal workflow	Records and AI support	EHR and patient portal

Rheumatology-focused care. Patient-reported experiences. Clinician-ready review.

Guava: Provider Dashboard FAQ (2026). Epic: MyChart product information (2026).

*Prototype comparison; overlapping features exist and superiority is unvalidated.

13 Stage & Development Roadmap

Prototype today. Validation next.

NOW

Clinical discovery

Interactive prototype; patient and clinician discovery.

NEXT

Production and security

Build core workflows, privacy and security; assess EHR and FDA needs.

THEN

Rheumatology validation

Pilot rheumatology workflows; test engagement and clinician usefulness.

Future: clinician-reviewed plans, governed alerts, flare-risk research, and hospital/payer partnerships.

14 Funding & Next Steps

Initial funding target

$100,000

Long-term vision

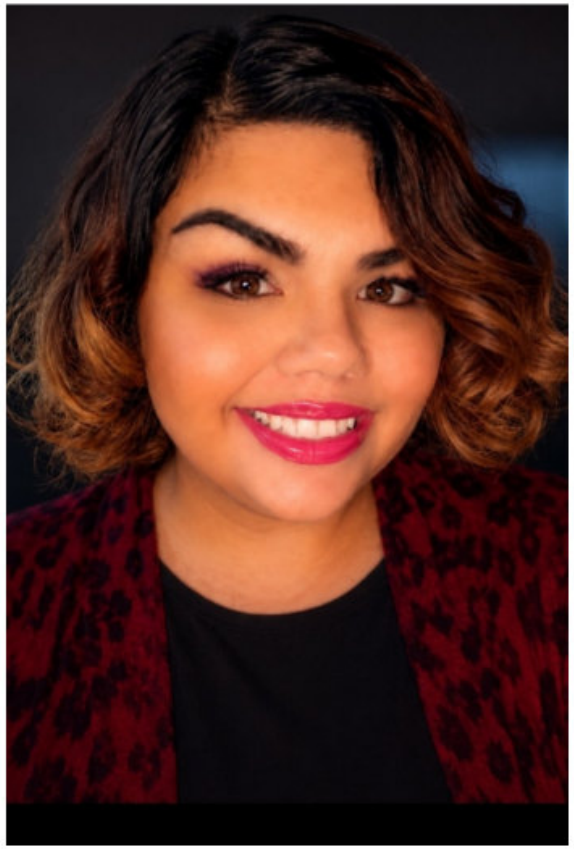
$2,000,000

Initial priorities: engineering, privacy, security, and pilot preparation.

Seeking engineering, clinical and health system partners

Initial funding supports priority production work
and clinical collaboration, not full-scale deployment.

15 Founder | Why I Built SympTrack



I know what it is like to live with pain others cannot always see, and to leave an appointment knowing part of your story was never heard.

But those experiences never took away my determination. They gave me a reason to build something better for people like me.

I refused to let my pain be wasted.

I wanted it to become something that helps others.

Valarie Del Ollno

Founder, SympTrack Health